



Community Sports Hub E-Newsletter

Welcome to the third edition of the Community Sport Hub E-Newsletter!

We have had an exciting few months in the world of Hubs with three new websites being created for the Stonelaw, Carluke and Blantyre Hubs, a new logo in the making for the Blantyre Hub and 2 events at the Calderglen and Stonelaw Hubs, more on those events later.

The work at each Hubs have varied in progress but all are steadily working towards increasing awareness of the Hubs and Clubs involved to the local community but also helping the clubs become stronger and working better together.

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Twitter following increasing

The SLLC CSH Twitter page has up and running over the last few months. The followers are increasing steadily but if you are not following then please check it out. All the latest Hub information is posted so follow @SLLC_CSH to get the latest updates on the 7 Hubs.



Queens Baton Relay Updates

The Queen's Baton journey has been developed to share the excitement of Scotland's countdown to the



Up to 4,000 baton bearers from all 32 Local Authorities will join the relay in more than 400 communities for 40 days, in what is the most engaging relay the nation has ever seen.

The baton will be in South Lanarkshire on Sunday the 22nd of June. The baton will go through the South Lanarkshire area from Carluke, East Kilbride and finishes in Hamilton. The baton will also visit the Carluke Hub in the morning and the Calderglen Outdoor Hub at Calderglen Country Park early afternoon.

We hope that where ever you are in South Lanarkshire that you will come out and support all the Baton Bearers running on the 22nd of June. For more information on the QBR then please [click here](#).

Hub Updates

Blantyre

The group have welcomed two new clubs to the Hub, G42 a triathlon Club and Hamilton Gymnastics. The logo has been decided through a logo competition in the local schools and the winner's design is currently with the marketing team to finish the design. The group have also started a new website to help promote their activities and looking to have an information session in May to help promote the Hub and help clubs through Club SL, SLLC accreditation scheme for clubs.

Biggar

The last meeting was held on the 24th of April. The first aid course ran in January was a success and Biggar Rugby Club reported raising over £1400 from their Sport Relief Event where they had over 200 participating in the 3 races. The group discussed the current progress of the Hub and where to take it forward. They welcomed a new club to the group, Peebles Judo club and worked towards a taster day in





Biggar High School on the 16th of May. Promotional material and flyers have been ordered to help raise awareness of the Hub in the local area. The group are also looking to have an information night in the summer to engage with local clubs not currently part of the Hub.

Calderglen

The last meeting for the Hub was held on the 29th of April.

The group discussed updating the current Hub website and having a club information night on the 11th of June to help raise awareness of the Hub to local clubs. The School is holding a car boot sale on the 30th of May and the clubs are looking to get involved to help promote themselves and the hub.



Calderglen Outdoor

The last meeting was held on the 22nd of May. They group held a free taster event on the 27th of April involving all 6 clubs within the Hub. Over 50 children turned up on the day and participated in 3 40 minute sessions with the club. The group will also be involved with the Queens Baton Relay Event and preparation is underway in the planning for the event. **The date of the next meeting is the 24th of July.**



Carluke

The last meeting was held on the 29th of May. A new website has been created and can be found at www.carlukesporthub.co.uk. The group are looking to be involved in the Queens Baton Relay and are currently planning the event. The school sports council are linking up with the hub to help promote it within the schools. The group are looking to organise child protection and first aid course in August and September. **The date of the next meeting is the 19th of June.**



Stonelaw

The last meeting was held on the 21st of May. The hub ran a successful event on the 27th of April. Over 70 children turned up with 14 clubs offering free taster sessions. The



event was promoted in the local press and will have helped to raise awareness of the Hub and clubs. Two pop up banners have also been created as well as a new website built. The address is www.stonelawsporthub.co.uk A PCS night for the swimming club was held on the 15th of May where 10 attended. **The date of the next meeting is the 2nd of July.**

Uddingston

The last meeting was held on the 28th of May. The group are now looking to be constituted and have a bank account set up. They are also looking into building a new website to help promote the hub. The first PCS parent's workshop was completed in SLLC for the Badminton Club which was a great success. The twitter page is gathering followers. The group are also working on their vision, mission and values and currently on its first draft.

The date of the next meeting is the 16th of July.



If clubs would like any specific information to be included in the next E-newsletter then please contact Fiona.mathie@southlanarkshireleisure.co.uk or phone on 07880174919 or 01698 476149.

Volunteers helping out at HQ!

With such a big focus on the Clydesiders for the Commonwealth Games, it is clear to see how much volunteering can make a difference not only to a club or an event but also to the individual themselves in learning new skills, meeting new people and gaining valuable experience.

Two volunteers were recruited for a period of 6 weeks to assist with Community Sport Hubs and help in the preparation of the recent Hub events at Stonelaw and Calderglen Outdoor Hubs.

Andrew MacKenzie and Rachael Thomson were successful after applying and interviewing for the role of Community Sport Hub





Volunteer. Andrew has continued on after the 6 weeks so read below to hear how he is getting on...

“Hello I’m Andrew Mackenzie and I have been working alongside Fiona for 2 months as a Community Sports Hub Assistant. I have a Degree in Sports Development at the University of the West of Scotland, with modules such as Sport Marketing, Social Issues and Sports Development in the Community. I have coached and played many different sports such as basketball, football, karate and hockey to name a few. I am also a follower of Scotland national team, Partick Thistle, American Football and some extreme sports. “

We asked Andrew a few questions about his role:

Why did you decide to apply for the role?

I applied for the role as this would be a chance for me to work in an environment that I want to work in and be part of a team that shares the same goals as me of bringing sports to everyone in the community.

Why is volunteering so important to you?

It is important to me because it gives me the opportunity to learn new skills, experience and show how hard working I am to prove to myself and the people that I am volunteering for.

What have you enjoyed about your time volunteering with Hubs?

I have enjoyed my time with talking to clubs, setting up events, being in and around the office, to work with new people and giving something back to the community.

What would be your ideal job?

My ideal job would be to work in Germany and to develop clubs and sports in the Munich area.

Thanks to Andrew for his continued hard work at HQ with the Hubs!

Young Hub Leaders

We are still looking for young people to get involved with the Hubs. Sportscotland have now created a Young Hub Leaders welcome

pack which guides the young hub leader through their role. The key role of the Young Hub Leader is to help promote the Community Sports Hub and the clubs involved in it.

Young Hub Leaders will be supported by the Community Sports Hub Officer and the Steering Group within the Hub.

Hubs are still looking to recruit Young Hub Leaders so if you can think of anyone within your club who would be interested then please get in touch with Fiona at

Fiona.mathie@southlanarkshireleisure.co.uk

Club SL

All Hub Clubs are being encouraged to join Club SL. It is South Lanarkshire Leisure & Culture’s (SLLC) club accreditation scheme which is aimed at developing and supporting local sports clubs and their volunteers.



Joining the Club SL scheme can benefit your club by:

- Raising the profile of your club
- Developing your club structure
- Developing your coaches and volunteers
- Ensuring your club provides safe and welcoming environments for children (if appropriate)
- Increasing your club membership

There are three levels of accreditation that your club can be awarded. They are Bronze, Silver and Gold.

Each award has its own range of benefits.

To find out more please go to:

http://www.slleisureandculture.co.uk/info/32/sport_and_physical_activity/837/club_sl

Hub’s on the SLLC Website

We now have two new Hub websites! Carluke and Stonelaw have been made to help show what sports clubs are in that area.

www.carlukesporthub.co.uk
www.stonelawsporthub.co.uk

The Calderglen Community Sports Hub website has been updated. Have a look and see what is on offer:

www.calderglencommunitysporthub.co.uk

The Calderglen Outdoor CSH is still up so have a look

www.calderglensportshub.co.uk/index.html

The CSH's is on the South Lanarkshire Leisure and Culture's pages. All information about Hub's and the clubs involved can be found at:

http://www.slleisureandculture.co.uk/info/468/community_sport_hubs

The pages are still currently being updated but the aim is to help promote the Hub's to the SLLC website users and direct people towards the clubs within each Hub. Keep checking the site for further updates and links to Hub websites when created.

In and round your Hubs

Uddingston Tae Kwon Do Club

Claire Quinn and Michelle Duffy received black belt certificates at the Uddingston Tae Kwon Do competition. Along with this great achievement the Tae Kwon Do club (Uddingston TAGB) won the Hamilton Sport Council Club of the Year 2013/2014. Congratulations to everyone involved and keep up the good work.



On the 4th of May some of the ladies and children did the race for life at Glasgow Green for Cancer Research Charity. The people involved raised an amazing £1900. Well done to everyone who took part and raised so much for a great cause.



And last but not least Uddingston Tae Kwon Do Clubs along with other clubs from Scotland competed in the European championships in Davos Switzerland and came home with 3 new European champions.

Congratulations to Uddingston Tae Kwon Do Club for all their hard work and successes.



Workshops

Positive Coaching Scotland

Delivered in partnership with Winning Scotland Foundation, the Positive Coaching Scotland program will empower parents, coaches, teachers and sports leaders to help create a more positive sporting



environment for young people. Workshops can be held at the Hub and times suited towards your club so don't hesitate to get in touch to find out more.

Summer of Sports

Commonwealth Games

As the Commonwealth Games is fast approaching we wanted to look at some of the sports that are going to be played at this exciting event. Our hub clubs are gearing up for the increased interest and focus on their sports such as Hockey, Athletics and Gymnastics to name a few. They are focusing on recruiting and training more coaches to be prepared for an increase in numbers attending their clubs.

We want to hear your thoughts on the Commonwealth Games and what sports you will be watching? The Diving will be in Tollcross International Swimming Centre with the swimming in The Royal Commonwealth Pool in Edinburgh. Australia have been the



best at this competition, while Scotland have been closing the gap to become one of the contenders of picking up medals. In the cycling Scotlands Sir Chris Hoy has been the main sportsman to lead to medals. Could there be someone who could take his place and become a sporting hero in their home country? Give us a tweet at what you think at #CSHCommonweath2014

What sports will you be watching and what are your favourite sports at the 2014 Games on our Twitter account. Remember you can do more than just watch this year by participating in any of our hub clubs.

World Cup

Before the Commonwealth Games there is a small matter of the football World Cup!



With some of the best names in football like Messi, Ronaldo, Rooney and Suarez going to be in Brazil to produce their skills on the pitch to win the best prize in the game. So who is going to win the tournament? Brazil? Spain? Germany? Can a European country finally win the World Cup in South American soil? Who will be the surprise country of the tournament? Japan? Greece? Chile? Will the African countries go beyond the quarter finals? All these questions will be answered throughout the tournament in June. There is no doubt that there will be great games on and fans across the world will agree. So give us a tweet at what you think about the World Cup and the questions above on our CSH account with the hashtag #Worldcup2014

Wimbledon

Another big tournament that is coming up in June is the classic tennis event Wimbledon. Everyone in the country is looking for Andy Murray to be the



hero to secure his second Wimbledon title. But with the likes of Nadal, Federer and Djokovic having the quality and experience of winning the title it could prove vital. With the women will the Williams sisters continue their dominance or will there be a new force of sportswomen to start a new generation of dominance?

Surveys

Coach and Volunteer Survey

The aim of the survey is to give us a baseline figures of all the coaches and volunteers involved in the Hub Clubs in South Lanarkshire. We then want to work with clubs and help with additional coach education and provide further training opportunities for both coaches and volunteers within your clubs.

In order for this to work, we really need you to pass this on to any coaches and volunteers within your club and ask them to fill it out as soon as possible.

The survey should only take approximately 5-10 minutes and the link is below

<https://www.snapsurveys.com/wh/s.asp?k=139593381870>

If you have any questions please do not hesitate to get in touch with Fiona Mathie
Fiona.mathie@southlanarkshireleisure.co.uk